

Premise. Roughly two-thirds of canine epilepsy is classified idiopathic — no structural cause found within a standard workup. This formulation addresses one candidate mechanism within that population: a rate limitation in the conversion of glutamate to GABA, secondary to impaired absorption and activation of the B vitamins that conversion depends on. It is a nutritional adjunct, not an anticonvulsant.

THE MECHANISTIC CHAIN

1. Seizure activity reflects imbalance between excitatory (glutamate) and inhibitory (GABA) neurotransmission. 2. GABA is synthesised from glutamate by glutamic acid decarboxylase (GAD), which requires pyridoxal-5'-phosphate (the active form of B6) as an obligate cofactor. 3. Activation of B6, folate and B12 depends on methylation, which depends in turn on adequate riboflavin and B12 status. 4. Chronic dysbiosis — classically post-antibiotic — degrades both absorption and microbial contribution to this pathway. The proposition is that in a subset of dogs the limiting factor is not the enzyme but its cofactor supply, and that this is nutritionally addressable.

WHAT THE LITERATURE SUPPORTS

- **Ketogenic/MCT diets reduce seizure frequency in dogs.** Law et al. (2015), a 6-month randomised, double-blinded, placebo-controlled crossover trial in 21 ASD-treated dogs with IE: significantly lower seizure frequency on the MCT diet; 3 dogs achieved seizure freedom and 7 more had ≥50% reduction. Replicated as an oil supplement by Berk et al. (2020), n=28, with a smaller effect — 2 seizure-free, 3 with ≥50% reduction, 11 with no change or worse.
- **Canine IE is associated with fecal dysbiosis.** García-Belenguer et al. (2021): drug-naïve epileptic dogs showed significantly reduced abundance of GABA-producing and SCFA-producing taxa versus household controls; 30 days of phenobarbital or imepitoin did not alter composition. Since replicated (Animal Microbiome 2025; Sci Rep 2025).
- **PLP dependence of GAD** is settled biochemistry, and pyridoxine-dependent epilepsy is an established, if rare, human entity.

COMPOSITION — PER 2.5 G SCOOP

COMPONENT	PER SCOOP	RATIONALE
Vitamin B6 (pyridoxal-5'-phosphate)	3.6 mg	Obligate cofactor for GAD; supplied pre-activated
Riboflavin (riboflavin-5'-phosphate)	7.3 mg	Required to activate B6 and support folate cycling
Folate (L-5-MTHF)	242 mcg	Methylation; bypasses MTHFR-dependent conversion
Vitamin B12 (methylcobalamin)	242 mcg	Methylation; commonly low with chronic enteropathy
Betaine anhydrous (TMG)	145 mg	Alternate methyl donor via BHMT
Taurine (free-form)	121 mg	Reported to increase GAD activity; binds GABA-A directly
Glycine	121 mg	Inhibitory neurotransmitter; glutathione precursor
Magnesium (whole-food, buckwheat/chard base)	11.7 mg	Voltage-dependent NMDA receptor block
Ground wild herring	carrier	Long-chain omega-3; palatability — dogs self-consume
Acacia fiber	carrier	Prebiotic; flow agent

Dosing is by body weight: <10 lb ½ scoop · 10–25 lb 1 · 26–50 lb 2 · 51–75 lb 3 · 76 lb+ 4, once daily on food. Manufactured in small batches in an FDA-registered animal food facility (FFR 15758047648).

Two things you will notice, answered plainly. Magnesium is low at 11.7 mg/scoop — this is inherent to the whole-food source and is not a magnesium-loading strategy; a dog requiring therapeutic magnesium needs it dosed separately. Glycine is an NMDA co-agonist as well as an inhibitory transmitter, so its net effect in a high-glutamate state is arguable. It is included at a modest dose for its inhibitory and glutathione roles; that trade-off is open, and informed disagreement is welcome.

POSITIONING — AND WHAT IS BEING ASKED

This is an adjunct. It is not an anticonvulsant, it does not replace antiseizure medication, and no owner should reduce or discontinue a prescribed drug on the basis of it. The candidates it is likeliest to suit are dogs with a normal workup, a recurring interval of roughly 4–8 weeks, and a history of prolonged antibiotic exposure or chronic GI signs. Dogs with paroxysmal dyskinesia — conscious throughout, immediate recovery, no post-ictal phase — are outside the proposed mechanism entirely and should not be enrolled.

A six-month case series is open and recruiting through koeformula.com. Dated owner-kept seizure logs, no change to existing medication, monthly or quarterly interim reporting. Referrals from practices willing to co-monitor are the most useful thing at this stage — and negative results are as publishable as positive ones.

References. Law TH et al. A randomised trial of a medium-chain TAG diet as treatment for dogs with idiopathic epilepsy. *Br J Nutr* 2015;114:1438–47. · Berk BA et al. A multicenter randomized controlled trial of medium-chain triglyceride dietary supplementation on epilepsy in dogs. *J Vet Intern Med* 2020;34:1248–59. · García-Belenguer S et al. Gut microbiota in canine idiopathic epilepsy: effects of disease and treatment. *Animals* 2021;11:3121. · Idiopathic epilepsy in dogs is associated with dysbiotic faecal microbiota. *Animal Microbiome* 2025. · The fecal metabolome and microbiome are altered in dogs with idiopathic epilepsy. *Sci Rep* 2025. · Exploring gut microbiota-targeted therapies for canine idiopathic epilepsy. *Int J Mol Sci* 2025;26:1742.